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## **Select the Best Salon Chemical Peel for Your Skin Type**

IRVINE, CA (December 23, 2008) -- With numerous skincare treatments on the market today, chemical peels are still one of the best options to consider for a healthier, more vibrant complexion.

According to skincare expert Ellen Clark (pictured right), chemical peels quickly help to reduce acne, smooth lines and wrinkles and lighten and fade dark spots. There are several key considerations, however, to ensure that one receives the best possible clinical peel to treat her individual needs.

“The consumer’s foremost concern should be picking the right skincare professional - one who first starts with a thorough skin analysis, regularly performs peels, offers a variety of peel strengths and solutions, and starts out conservatively,” Clark explains. Most people respond exceptionally well to light chemical peels when performed by a skilled technician who uses quality product,” she adds.



The following are key considerations when considering a chemical peel:

- **Choose a Well-Trained and Experienced Esthetician** – Double check that she is licensed, ask how long she’s been giving treatments and discuss her experience in dealing with different skin types. “Varying skin types and skin conditions play a key role in choosing the correct peel strength,” Clark added. “Especially if you are Asian, have sensitive skin, burn easily or are prone to breakouts, make sure the esthetician has experience and training with your skin type and ethnicity.”
- **Select the Correct Peel** – As there are many on the market today, carefully conduct research beforehand. Key ingredients such as glycolic acid range from 5 to 50 percent, depending upon the desired result and goal. The Ph of the product also plays an important role in the overall process, and it’s imperative that the skincare professional thoroughly understands the products she uses and takes the time to answer the client’s questions. Said Clark, “Some peels cause no visible peeling, while other agents cause one to peel like a snake for three straight days. Some clients want to "see" their skin peeling, and other people do not want the peeling to be noticeable. Communicate and discuss this with your esthetician.”
- **Know the Ingredients in the Peeling Agent** – It’s best to determine this beforehand in the event that one is allergic to any key ingredients. The most common peeling agents used in the spa setting are Glycolic Acid, Salicylic Acid (to be avoided if you are allergic to aspirin), Lactic Acid, TCA, Vitamin A or a combination of several acids.

- **Achieve the End Result Desired** – Some women have acne issues they wish to have cleared up while others strive to reduce wrinkles, skin discolorations, or simply maintain a smoother looking complexion. Spa peels are considered "progressive," meaning that one typically purchases a series of four to eight peels, performed over several months, with results that occur without some of the side effects commonly associated with deeper, more invasive physician-administered peels.

Global Beauty, one of the only manufacturers of clinical based private-label products, is owned by Clark. “The benefit of working with a professional cosmeceutical line like Global Beauty is that we offer a variety of skin exfoliating options for various skin types, and all of our products are professionally manufactured in a licensed, GMP, laboratory that ensures quality and consistency. We have been manufacturing peels for over a decade,” Clark explains.

Ellen Clark is president of Global Beauty Skincare ([www.globalbeauty.net](http://www.globalbeauty.net)) and Control Corrective Skincare ([www.controlcorrective.com](http://www.controlcorrective.com)), both offering prestigious skincare products that are distributed nationwide. For more information to schedule an interview with Clark, editors may also contact Holly Padove at (805) 773-1000 or at [holly@thepressroom.com](mailto:holly@thepressroom.com).